



## SUMMER PACKING INSTRUCTIONS

### **Clothing & Appropriate Attire**

When packing for camp, please take into consideration the climate/environment of camp, as well as the wide variety of activities your camper will be participating in. Typically, comfortable attire (not too tight and not too loose) is appropriate for most camp activities. Campers may be doing activities such as horseback riding, hiking, climbing, etc. it is important to wear clothing appropriate for such activities. Tight fitting clothing, short shorts, halter tops, tube tops, smocks, flip flops, and overly loose or baggy shorts are not suitable and best left at home. We strongly recommend sending old clothes that campers can easily recognize as theirs. Please label all clothing with “iron on” or “sew in” name tags or write their names on the label of the clothing with a permanent laundry pen. Since Camp Norwesca is unable to assume responsibility for loss and/or damages to personal property of campers, please use careful consideration of what you send to camp. While we respect the rights of the individual to express themselves through their choice of attire, the administration reserves the right to enforce a dress code that reflects the values of caring, respect, responsibility, honesty, and Christ in the camp community. This includes restrictions on wearing items that might offend others or promote lifestyles/habits that are inconsistent with the Great Plains Conference and Camp Norwesca.

### **Personal Items**

As campers get involved in activities, they tend to leave clothing and other belongings lying around camp. Every attempt is made to return lost items while our camper is still at camp but you can help us out by clearly labeling all belongings for easy identification. **NO ELECTRONICS PLEASE!** Camp focuses on allowing children the experience of our amazing natural setting free of diversions and annoyances brought by electronics. **NO ELECTRONICS (CELL PHONES, MP3 PLAYERS, GAME SYSTEMS, ETC.) SHOULD BE BROUGHT TO CAMP.** The one exception is digital cameras that are not also phones, mp3 players, iPads, etc.

### **Packing for Camp**

If your child has never attended an overnight camp before, it may be difficult to know what to pack for their camping experience. The next section will give you guidelines as to what to pack and what not to pack for their time at camp. Please keep in mind these are guidelines only.

### **The following items should NOT be brought to camp:**

- Camp is not responsible for lost, damaged, or stolen items. Please do not send valuable cameras (disposable cameras with the camper’s name on them work quite well) or other items that might be damaged if brought to camp.

- Cash
- Weapons of any kind: knives, firearms, bows & arrows, etc.
- Electronic Devices: iPod, MP3 Players, Cell Phones, Video Games, any other personal entertainment device (these items will be confiscated at the beginning of the week and returned at the closing ceremony)
- Food, candy, or snacks, etc. (including chewing gum)
- Fireworks, matches/lighters, or any hazardous materials
- Alcohol, tobacco, drugs, and sexual paraphernalia
- Skateboard/scooters
- Jewelry and other valuables
- Expensive clothing or anything that you or the camper would be upset if it became: scratched, stained, battered, broken, lost, or unrecognizable
- **Live pets must stay home (this includes when dropping off and picking up your camper(s)),** but a small plush stuffed animal is great.

### PACKING LIST RECOMMENDATIONS

Below is a list of clothing and personal items that we recommend you send to camp **per session**. Feel free to adjust, taking your child's preferences into account. We typically find that people over-pack for their camp experience. **No laundry opportunities are available.** We recommend the following be considered.

1. Items are comfortable and well used - do not bring nice new clothing.
2. All items are clearly marked with the name of the camper
3. A sturdy trunk or large duffle bag works best for storing items in cabins.

### SUGGESTED APPAREL (Please clearly label all belongings!)

- (6) short sleeve shirts
- Long sleeve shirt
- (5) shorts
- Swim suit (one piece swim suit for girls or a tankini)
- (2) jeans (required for horseback riding or hiking)
- Light jacket
- (6) underwear
- (6) socks
- (2) Pajamas or Bed Clothing
- Hat or Baseball Cap
- Poncho, Raincoat, or Umbrella
- (2) Tennis shoes - one for around camp and one for mud hikes, etc.
- Sport/water sandals
- Shoes with a heel (hiking boots, cowboy/girl boots)

### SUGGESTED PERSONAL ITEMS (Please clearly label all belongings!)

- Twin sized sheet set and blanket, or sleeping bag
- Pillow and case
- Wash cloth and (2) towels (swimming and showering)
- Toiletries: toothbrush, toothpaste, shampoo, soap, deodorant, etc.
- Flashlight and spare batteries
- Laundry bag (plastic garbage bag will not do)
- Backpack or drawstring bag to carry items during the week**
- Insect repellent, sunscreen, facial tissues

- ❑ Prescription medication that will need to be taken while at camp. Medications brought to camp must be in the ORIGINAL containers, clearly labeled, and placed in a Ziploc bag with camper's name on it. (Will be kept in a locking container, or with the Health Care Personnel at Camp.)

### **OPTIONAL ITEMS (Not required but can make camp experience more enjoyable!)**

- ❑ Books, Bible, reading materials, card games
- ❑ Inexpensive or disposable camera
- ❑ Writing paper and/or notebook, writing utensils
- ❑ Stamped, self-addressed envelopes
- ❑ Items for tie-dying (white shirt, pillowcase, etc.)
- ❑ Inexpensive sunglasses
- ❑ Personal sports equipment (baseball gloves, balls, Frisbees, etc.). Personal equipment can only be used during times we are doing activities that require the sport equipment your camper brought. Camp Norwesca is more than happy to provide sports equipment for all activities at camp. Archery equipment is not considered personal sports equipment.
- ❑ If your camper is old enough to drive to camp, they may bring their personal vehicle. However, if they are a camper in our care then Norwesca will hold onto their keys until the end of the week. Campers are not allowed to take personal excursions off of camp while in our care. If you are with a rental group it is up to the group leader if they will hold onto your campers keys, or not.

### **Other Information**

Please note that you will be notified in case of emergency, behavior issues, and medical concerns by Meg Mayle, Camp Director.

Examples of things you would be contacted for:

- Bullying
- Fighting
- Illness
- Anytime nonprescription medication needs to be administered
- Injuries requiring more than a band aide
- Extreme Homesickness

- ❖ **If you have any questions about packing for camp or other instances in which you would like to be contacted please contact Meg Mayle at 308.432.3872**